Student Health Center

2019–2020 Policies & Information

- General Medicine
- Sexual Health
- Health Promotion
Health Entrance Requirements

The University of Richmond adheres to the vaccine requirements of the Commonwealth of Virginia. All entering full-time students must submit required documentation including immunization records and TB screening. 

https://wellness.richmond.edu/healthcenter/services/new-students.html

Deadlines:
Fall Entry - June 1; Spring Entry - December 1
Partners in Health

Health and wellbeing issues are addressed through multiple resources, such as University and community medical clinics, counseling services, health promotion (including peer health education programs), faculty, staff, and YOU...

We believe most parents communicate their values about appropriate behavior to their UR student.

*Talk to your student now. Talk to them often.*
URWell takes a holistic approach to the health and wellness of the students at the University of Richmond, incorporating the skills and expertise of the Student Health Center, Counseling and Psychological Services (CAPS), and Health and Wellness Education.
Student Health Center Location
490 Westhampton Way

*Student Health Center is located inside the Special Programs Building*
General Medicine

- Staff includes 3 Physicians and 6 Registered Nurses
- Provide care for acute and chronic illness
- Offer preventative health services
- Procedures
- Coordination of referrals
  - Off campus (local physicians and hospitals)
  - On campus (Athletic Trainers, Registered Dietitian, Counseling and Psychological Services, Academic Skills, Wellness Coaches)
- Disease surveillance
Summary of Services

- Professional visits
  - MD, RN, ATC
- After-hours telephone nurse triage
- Health promotion programs
- Management of chronic disease
- Allergy immunotherapy visits
- Monitoring health and disease trends

- Travel Abroad support
- Allergy injections
- Lab testing
- Medical equipment loans
- Wound care
- Travel abroad
Services with associated costs

Certain services do incur additional costs such as:

- Vaccinations
- Allergy injections
- Laboratory Testing
- Medical Supplies
- Equipment loans
- Suture Removal
- Wound Care

All charges are billed to the student’s account. Statements are available on the student’s Health Center Web Portal and can be accessed to submit of insurance reimbursement.
Annual Flu Shot

- On campus clinic event
  - Approximately 360 flu shots were administered during our 2018 clinic
  - Held in the Tyler Haynes Commons during fall semester
- Available on appointment basis at Student Health Center
Sexual Health

- Contraception
- Menstrual and other gynecological concerns
- STIs (Sexually Transmitted Infections)
  - Screening/testing
  - Prevention-focused education
Students can access their portal to complete pre-entrance health forms, schedule appointments, read secure messages from Health Center staff & access billing statements.
Confidentiality & Consent

- 18 year olds are adults in Virginia
  - Protected by privacy and confidentiality statutes
  - May consent to any treatment
- For 18 year olds (and minors for certain conditions) we require a student’s written or verbal permission to speak with a parent.

Student Health Center cannot allow parents blanket access to their student’s health information.
Student Health Center Website

https://wellness.richmond.edu/healthcenter/services/index.html
The mission of the Student Health Center is to provide high quality and holistic ambulatory healthcare to a diverse population. To achieve this, the Student Health Center embodies the core values of respect, excellence, integrity, compassion, accountability, equity and collaboration. The Student Health Center educates, counsels and supports students to promote healthy lifestyle decisions to achieve and maintain their physical and mental well-being in pursuit of their academic and personal goals.
Clinic Hours

Fall and Spring Semester Hours
Monday, Tuesday, Thursday, Friday: 8:30AM – 12:00PM & 1:00PM-4:30PM
Wednesday: 10:00AM – 12:00PM & 1:00PM – 4:30PM

The Student Health Center is closed to patient care during the summer.
Insurance Requirements

- The University of Richmond does not require *domestic* students to purchase health insurance; however, the Student Health Center recommends students be covered by some type of health insurance.
- All *international* students on non-immigrant visas are required to purchase University sponsored Student Health Insurance Plan.
- For more information: [https://risk.richmond.edu/insurance/student-health-insurance.html](https://risk.richmond.edu/insurance/student-health-insurance.html)
Health Promotion
Wellness Education Bandits

- Diverse group of UR students trained to educate their classmates about college lifestyle and wellness issues in a positive, interactive, fun, and non-judgemental manner.
- Dedicated to providing education and community support with sensitivity to race, gender, sexual orientation, culture, religious, and individual capabilities.
- Provide free STI clinics every other Thursday
Disability Services

- Accommodations to ensure equal access to University programs and services
- Comprehensive services for students with disabilities

https://disability.richmond.edu/
New Well-Being Center

(Estimated completion date Fall 2020)
New Well-Being Center
(Estimated completion date Fall 2020)

- Include all campus health care in one location
  - Student Health Center
  - Counseling and Psychological Services
  - Health Promotion
- Provide easy access for students and designed to be a collaborative high-impact environment to support student learning, student well-being, and student success.
- Staff and resources will focus on the “upstream” approach by providing programs and activities that are prevention focused and associated with healthful decision making.
Things to Do Now

- Submit immunization records and TB screening form electronically through student web portal
- Talk with your student about
  - asking for help and support
  - being proactive about practicing healthy behaviors (adequate sleep, good nutrition, physical activity, stress management)
- If appropriate:
  - Visit the Disability Services office if your student needs accommodations.
  - If your student requires specialized treatment for medical or mental health care needs, please provide a medical summary from your physician with the diagnosis and treatment plan.
  - If you want the SHC to administer allergy injections, drop off the serum and instructions at the front desk when your student arrives on campus. Alternatively, your allergist may want to mail your serum and instructions directly to the SHC.
Questions

- If you have questions, visit the Student Health Center’s website at https://wellness.richmond.edu/healthcenter/services/index.html

- Contact numbers
  - Student Health Center: (804) 289–8064
  - Counseling & Psychological Services: (804) 289–8119
  - Disability Services: (804) 289–8032