Beer

12 oz
5% alcohol

Wine

5 oz
12% alcohol

Liquor

1.5 oz
80 proof alcohol

1 Standard Drink is 0.6 fluid oz. of 100% alcohol.

Equivalency

7% alcohol

40 oz

4.5 drinks

8 oz. Malt Liquor*

5 oz. Wine*

1 oz. 100 proof Liquor*

12 oz. Beer*

*Lines indicate approximate measurements on a 16 oz cup
Alcohol percentage and container volume will determine number of standard drinks.

© Gordie Center for Substance Abuse Prevention  www gordiescoll org