

Beer



12 oz
5% alcohol

=

Wine



5 oz
12% alcohol

=

Liquor



1.5 oz
80 proof alcohol

1 Standard Drink is 0.6 fluid oz. of 100% alcohol.

Equivalency

7% alcohol



=



4.5 drinks

12 oz. Beer*

8 oz. Malt
Liquor*

5 oz. Wine*

1 oz. 100 proof
Liquor*



12% alcohol



=



4.7 drinks

*Lines indicate approximate measurements on a 16 oz cup

Alcohol percentage and container volume will determine number of standard drinks.