Prescription Drugs

Using prescription medications to get high can be as dangerous and addictive as using illicit drugs. Combining prescription drugs with other prescription medicines or over the counter medications and/or alcohol increases the effects of each drug and the risk of overdose.

Narcotics
Drug Effects
• Restlessness
• Nausea
• Dizziness
• Confusion
• Respiratory depression
• Scars caused by injections
• Loss of appetite
• Cough
• Lethargy
  • Tolerance
  • Addiction
  • Unconsciousness

Withdrawal Effects
• Watery eyes, Runny nose
• Cramps
• Loss of appetite
• Irritability
• Nausea
• Tremors
• Panic
• Chills

Signs of Overdose
• Slow, shallow breathing
• Clammy skin
• Convulsions
• Respiratory depression and arrest (stop breathing)
• Coma
• Death

Depressants
Drug Effects
• Intoxication similar to alcohol
• Slurred speech
• Impaired memory and judgment
• Loss of motor coordination
• Respiratory depression
• Staggering or stumbling
• Lack of coordination
• Slurred speech
• Falling asleep
• Difficulty concentrating
• Dilated pupils
• Slowed pulse and breathing
• Lowered blood pressure
• Confusion
• Addiction

Withdrawal Effects
• Anxiety
• Insomnia
• Muscle tremors
• Loss of Appetite
• Convulsions
• Delirium
• Death

Signs of Overdose
• Shallow respiration
• Clammy skin
• Dilated pupils
• Weak and rapid pulse
• Respiratory depression and arrest (stop breathing)
• Coma
• Death

Stimulants
Drug Effects
• Increased heart and respiratory rates
• Rapid or irregular heartbeat
• Elevated blood pressure
• Decreased appetite
• Rapid or irregular heartbeat
• Loss of coordination
• Collapse
• Unhealthy weight loss
• Perspiration
• Blurred vision
• Irritability
• Argumentativeness
• Nervousness
• Increased blood pressure or pulse rate
• Dilated pupils
• Long periods without sleeping or eating
• Dizziness
• Insomnia (can’t sleep)
• Restlessness
• Anxiety
• Delusions
Withdrawal Effects

- Apathy
- Long periods of sleep
- Irritability
- Depression
- Convulsions
- Disorientation

Signs of Overdose

- Agitation
- Increase in body temperature
- Hallucinations
- Heart failure, nervousness
- Convulsions
- Death

NOPE Task Force: Sometimes you Never Sleep it Off™ College Campaign
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