

CAPS COUNSELING CLIENTS	After 10th Week of Classes			% Change from Last Yr
	2 yrs ago 11/2/13	Last yr 11/1/14	This yr 10/31/15	
TOTAL COUNSELING CLIENTS	284	267	344	28.8%
TOTAL DISABILITY CLIENTS	86	110	128	16.4%
TOTAL CAPS CLIENTS	370	377	472	25.2%
Counseling Client Demographics:				
I identify myself as a: Woman	199	169	227	34.3%
Man	80	79	96	21.5%
Other	2	2	8	
BLANK	3	17	13	
SEXUAL ORIENTATION				
Straight	252	238	301	26.5%
Bisexual	7	6	6	
Gay	6	6	6	
Lesbian	4	2	1	
Queer	4	2	4	
Questioning	4	2	15	
Other	2	1	5	
BLANK	5	10	6	
YEAR				
1st-year	47	55	69	25.5%
Sophomore	70	68	94	38.2%
Junior	56	44	61	38.6%
Seniors	72	68	69	1.5%
5th yr sr	9	5	6	
1L	10	6	17	
2L	8	11	9	
3L	7	5	13	
Other	1	1	2	
BLANK	4	4	4	
SCHOOL				
Jepson	8	8	13	
Law	25	22	38	72.7%
RC	51	53	64	20.8%
Robins	47	38	55	44.7%
WC	144	130	154	18.5%
SPCS	3	1	4	
Other	0	3	11	
BLANK	6	12	5	
1ST GENERATION STATUS				
At least 1 Parent has bachelor degree - No	35	37	48	29.7%
Yes	226	208	265	27.4%
BLANK	23	22	31	
TOTAL UNIQUE CLIENTS				
("Unique" = unduplicated)				

Counseling Client Demographics				
RACE/ETHNICITY				
African-American/Black	19	21	26	23.8%
White/Caucasian	207	190	231	21.6%
Asian-American/Pacific Islander	28	21	48	128.6%
Latino/a	22	26	23	-11.5%
More than 1 race/ethnicity	8	16	29	81.3%
Native American Indian	6	7	2	
Other	4	7	8	
BLANK	7	5	2	
OTHER IDENTITIES/INVOLVEMENTS				
International student	18	23	34	47.8%
Merit scholarship	54	59	79	33.9%
Need-based scholarship	87	87	84	-3.4%
RA or HR	15	13	14	
ROTC cadet	1	0	1	
Transfer student	17	13	22	69.2%
Varsity athlete	20	23	32	39.1%
Exchange student	5	2	5	
Roadmap student	7	12	8	
Living Learning Community member	30	17	26	52.9%
Greek Organization member	70	61	72	18.0%
BLANK				
Who Encouraged You to Visit CAPS?				
No one, came on my own	148	146	198	35.6%
Academic advisor	15	11	14	
Athletic Dept staff	9	12	11	
Deans office	22	14	27	92.9%
Friend	67	46	66	43.5%
Off-campus Health Care Prof.	14	19	29	52.6%
Parent/Family member	60	58	65	12.1%
Professor	9	10	14	
Student Health Center staff	12	6	2	
UR staff member	12	12	11	
Other person	10	5	7	
BLANK	11	10	10	
Serious suicide ideation, past 30 days - Yes				
Thoughts to harm others, past 30 days-Yes	4	1	4	
Ever attempted suicide in past - Yes	15	17	24	41.2%
Interpersonal Violence, ever - Yes	31	24	37	54.2%
Interpersonal Violence., current - Yes	1	1	2	
Used CAPS counseling, previous yr - Yes	115	120	133	10.8%
Had previous counseling elsewhere - Yes	120	124	171	37.9%
Psychiatric medications - current - Yes	76	91	109	19.8%
TOTAL UNIQUE CLIENTS	284	267	344	28.8%
"Unique" = unduplicated				

CAPS COUNSELING CLIENT CONCERNS (Self-Reported)		
Fall, 2016 - After 10th Week of Classes		
TOTAL COUNSELING CLIENTS		
	344	
CONCERNS REPORTED		
	Frequency	Percent
Anxiety	225	65.4%
Stress	200	58.1%
Depression	174	50.6%
Relationship Concerns		
Friendships	102	29.7%
Romantic relationship	54	15.7%
Relationship breakup	36	10.5%
Roommate	10	5.5%
Loneliness	128	37.2%
Family Concerns	109	31.7%
Meaning/purpose	100	29.1%
Time management	98	28.5%
Study habits	89	25.9%
Sleep difficulties	84	24.4%
Adjusting to college	79	23.0%
Life after graduation	49	14.2%
Choosing a career/major	49	14.2%
Traumatic event	44	12.8%
Grief / loss	42	12.2%
Eating behavior	38	11.0%
Suicidal thoughts	32	9.3%
Adjusting to new culture	28	8.1%
Physical or emotional abuse	27	7.8%
Financial concerns	25	7.3%
Sexuality concerns	22	6.4%
Alcohol or substance use	19	5.5%
Sexual abuse/assault	18	5.2%
Self-injury	17	4.9%
Sexual orientation	16	4.7%
Worried about someone else	16	4.7%
Conduct/disciplinary problem	9	2.6%
Discrimination or harassment	7	2.0%
Stalking or bullying (victim of)	6	1.7%
Thoughts of harming someone	3	0.9%
TOTAL UNIQUE COUNSELING CLIENTS		
	344	
"Unique" = unduplicated		